

HEALTH HISTORY

Purpose of this appointment: _____

Have you been treated for this condition before? _____

How long have you had this condition? _____

This condition began: suddenly _____ gradually _____

What makes the condition feel better: _____

What makes the condition feel worse: _____

The condition is: getting better ____ worse ____ staying same ____ infrequent ____

The condition interferes with: work _____ sleep _____ daily routines _____

Other complaints: _____

Sports/Exercise History: _____

Describe a typical day at work (time spent sitting/standing/lifting etc.): _____

Do you wear orthotics? _____ If yes, how long have you had them? _____

List of medications and supplements: _____

List of any motor vehicle accidents, falls, fractures: _____

Any allergies? _____

Bowel/bladder issues: _____

PAIN DRAWING

DATE: _____

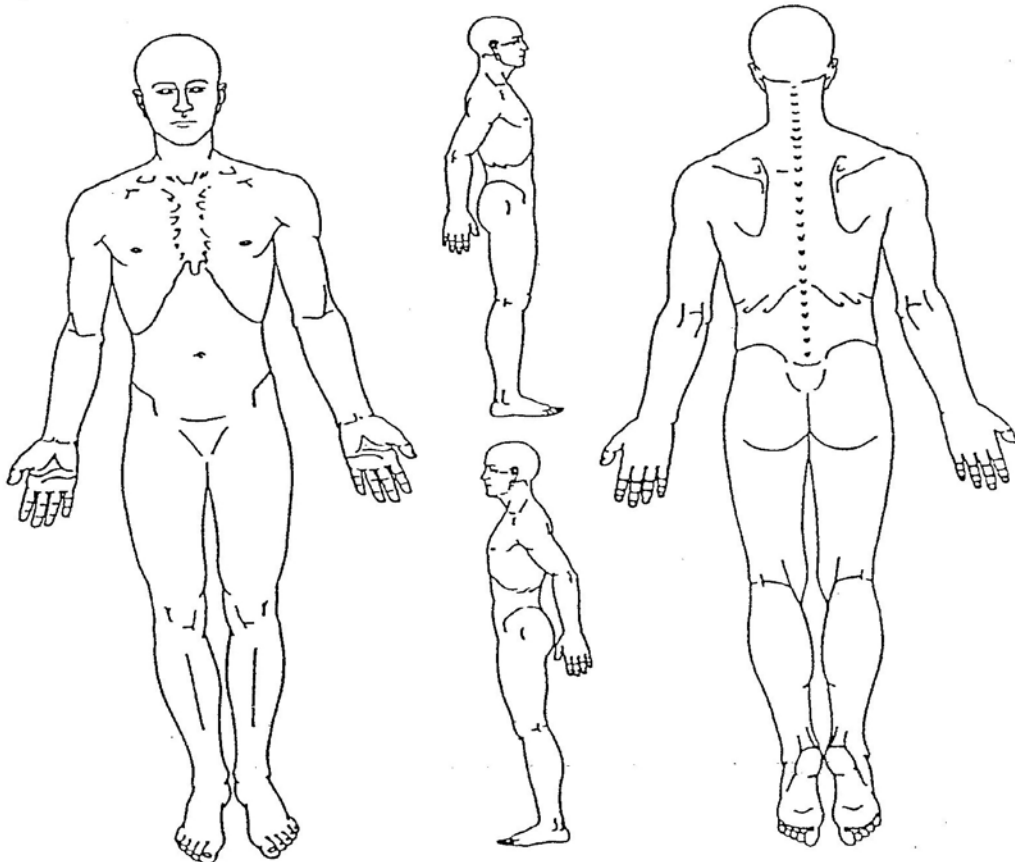
NAME: _____

On the drawings below, please indicate where you are experiencing pain by drawing in the letter abbreviation(s) on the diagrams:

Numbness: N
Sharp Pain: P

Tingling: T
Burning: B

Dull Pain: D
Stiffness: S



Please indicate the severity of the pain by circling the number in the scale of zero to ten:

0-----1-----2-----3-----4-----5-----6-----7-----8-----9-----10

Patient Signature